

## Strategic Prayer Focus

Each of you in the group is to identify two or three whom you feel led to pray for their salvation. List the names of all those identified in the group on each card so that all of you pray for each of the lost souls weekly. We recommend that you keep this card in your Bible as a book mark for your daily reading so that each time you open your Bible you are reminded to pray for these souls.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

1. Lord, I pray that you draw \_\_\_\_\_ to Yourself (John 6:44).
2. I pray that \_\_\_\_\_ will seek to know you (Acts 17:27).
3. I pray that \_\_\_\_\_ will hear and believe the Word of God for what it really is (1 Thess. 2:13).
4. I ask you, Lord to prevent Satan from blinding \_\_\_\_\_ to the truth (2 Cor. 4:4; 2 Tim 2:25-26).
5. Holy Spirit, I ask you to convict \_\_\_\_\_ of sin and the need for Christ's redemption (John 16:7-14).
6. I ask that You send someone who will share the gospel with \_\_\_\_\_ (Matt 9:37-38).
7. I also ask that You give me or \_\_\_\_\_ the opportunity, the courage and the right words to share with \_\_\_\_\_ (Col. 4:3-6).
8. Lord, I pray that \_\_\_\_\_ will turn from sin and follow Christ (Acts 17:30-31; 1 Thess. 1:9-10).
9. Lord, I pray that \_\_\_\_\_ will put all of his/her trust in Christ (John 1:12; 5:24).
10. Lord, I pray that \_\_\_\_\_ will confess Christ as Lord, grow in faith and bear fruit for your glory (Rom 10:9; Col. 2:6-7; Luke 8:15).

“Brethren, my heart’s desire and my prayer for them is their salvation.” Romans 10:1

## What is a Life Transformation Group?

A Life Transformation Group (LTG) is a group of people who need Jesus to change their lives from the inside-out. This group helps each other to follow Jesus and learn how to teach others about Jesus and the LTGs.

Here’s what a LTG does:

- Meets each week for about an hour.
- Has two or three people in each group.
- Men meet with men and women meet with women.
- Uses the Bible to learn about Jesus. Either reading it or listening to it all week long.
- Needs no extra books or training.
- Makes sure that all members of the group are equal. No leader is needed.
- Helps people change to be all God wants them to be.

## Who Should Be in an LTG?

Two things are important for starting or joining an LTG:

1. You have a need for Jesus Christ (Luke 5:29-32)
2. You will be faithful to the LTG and how it works (2 Tim 2:2).

These two criteria balance one another to keep the group on track both with healing for hurting people and health for helping people. To compromise either of these principles will slow down or derail the effectiveness of the group.

“Iron sharpens iron,  
So one person  
sharpens another.”  
Proverbs 27:17

## Introducing Life Transformation Groups

An LTG is made up of two or three people, all of the same gender, who meet weekly for personal accountability for their spiritual growth and development. It is recommended that a group not grow past three but rather multiple into two groups of two once the fourth participant has proven faithful to the process.

### The Strength of Two or Three

Here are several biblical reasons why a smaller unit of two or three is better than a larger group when it comes to making a multiplying disciples.

1. Community (Eccl. 4:9-12) Life changes does not occur in a vacuum; it happens in relationship with others. From the beginning God has said that it is not good to be alone. We need each other for strength and support (Prov. 27:17).
2. Accountability (1 Tim 5:19) Few things would get done in life without some degree of accountability. The New Testament lists at least twenty eight 'one another' commands. There's no doubt we need one another to live the life Christ intends for us.
3. Confidentiality (Matt 18:15-17) It is easier to maintain confidentiality in a group of only two or three rather than a larger group of ten or twelve. The Lord specifically designated that two or three is best for the confession of sin.
4. Flexibility (Matt 18:20) It is much easier to coordinate the calendars of only two or three rather than a typical small group of fifteen. An LTG can meet anywhere!
5. Reproducibility (2 Tim 2:2) It is easier to reproduce a smaller, simpler group than a larger and more complex entity. Perhaps that is why the Lord commanded us to make more disciples rather than cell groups or churches (Matt 28:18-20). Transformed disciples in community are the base unit for the kingdom of God.

There are only three tasks to be accomplished in an LTG:

1. When they meet, each person tells the others about the things they have done which would please God and the things which would not please God. Use the Life Change Questions on the bookmark to ask each other about these things. Pray for each other and God's forgiveness for each other.
2. The Bible is read or listened to by each person every day during the week. The group decides together which chapters or books of the bible to read as a goal for the week (20-30 chapters). If anyone is not able to finish all of the reading/listening goal for that week, everyone will read the same readings the next week. It's not bad to not meet your goal. It is normal to take 3-4 weeks for everyone to meet the goal. If you all are meeting the goal each week, set a higher goal!  

Some good questions to ask yourself about what you are finding in the Bible:

  - What does this tell me about people?
  - What does this tell me about God?
  - What does this tell me about me and my life?
  - Who can I tell this to?
3. The group prays for other people who need to know about Jesus. Use the Prayer Plan on the bookmark during your group time. Also, use the Prayer Plan during the time between meetings to help you pray.

Feel free to invite others to the group so more people can change and more groups can be started!

### Character Conversation Questions

These questions are to be asked of one another in a weekly meeting of accountability (Proverbs 27:17). They are to stimulate conversations of character and confession of sin in a safe environment which values honesty, vulnerability, confidentiality, and grace.

1. Have you shown God's greatness through your words and actions?
2. Have you been exposed to sexual material or maintained inappropriate sexual thoughts about another this week?
3. Have you used your money unwisely or been mad at someone because they have something you want?
4. Have you been honoring, understanding and generous in your important relationships this week?
5. Have you damaged another person by your words, either behind their back or face to face? (Including gossip)
6. Have you given in to an addictive behavior this past week? (Drugs, alcohol, social media, games, streaming) Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune?
9. (Your personalized accountability question)
10. Did you finish the reading and hear from God? How will your life change because of what you read and heard?
11. Have you been completely honest with me?
12. Have you wisely managed your 10,080 minutes this week?
13. Did you make choices to manage your stress this week?

"Therefore, confess your sins to one another, and pray for one another, so that you may be healed." James 5:16